

Ascending	Descending	
1234	4321	Day 1
1243	4312	
1324	4231	Day 2
1342	4213	
1423	4132	Day 3
1432	4123	
2134	3421	Day 4
2143	3412	
2314	3241	Day 5
2341	3214	
2413	3142	Day 6
2431	3124	

Note: Start with four strokes (alternate picking) per note ascending, three strokes descending. On second set two strokes ascending and one stroke descending.

Eye of The Needle - Melody

Intro: Am (13 beat) x4
C^m (13 beat) x4
other Am (13 beat) x4
F^{#m} (13 beat) x4

i-iii-i-ii

directly into:

Melody: Am (4's) x4
D^m (4's) x4
other Am (4's) x4
F^{#m} (4's) x4
F^{#m} (4's) x4

i-iv-i(III)-ii-ii(1)

or harmony: C (4's) x4

~~or harmony~~
or harmony: A (4's) x4

directly into:

~~Intro~~
Outro: Am (13 beat) x4
D^m (4's) x4
other Am (4's) x4
F[#] (5's) x4
A^m (5's) x4
C^{#m} (5's) x4
E x1

or harmony: C (4's) x4

Bass?
Bubbles?