

# **Dresden Guitar Circle Weekend & Introduction to the NST**

Lichtenhainer Mühle Kirnitzschtal, Dresden, Germany.

Thursday 14th to Sunday 17th of September, 2006.

Report by Luciano

## *Participants:*

1. Susanne Kaben (Registrar & Facilitator)
2. Claas Kazzer (Kitchen Coordinator)
3. Luciano Pietrafesa (Director)
4. Frieder Zimmermann (House Manager)
5. Richard Tettero (Kitchen Team)
6. Thomas Gasser (Kitchen Team)
7. Wolfgang Apfel (Kitchen Team)
8. Tywi Roberts (Kitchen Team)
9. Heike Gasser (Intro Team)
10. Katharina Stock (Intro Team)
11. Matthias Sanger (Intro Team)
12. Michele Agazzi (Intro Team)
13. Yan Lavalee (Intro Team)

## **Thursday 14<sup>th</sup> of September**

I arrived to the house at 20.40 hrs. It is a big summerhouse that is usually shared by 3 families and is located in the middle of a National Park. During this weekend the whole house is for the course.

We had dinner at 21.00 hs. The location was very quiet and there were no sounds coming from outside except a shoot very audible from a hunter in the forest. The inaugural meeting was announced at 22.30 hrs.

Staff meeting at 22.10 hrs.

22.30 Inaugural meeting. All the participants introduced themselves and presented their aims

for this course.

22.47 The course is declared underway.

Practicalities for the house and schedule for tomorrow:

6.45 Rise - 7.15 The practice of doing nothing.

### **Friday 15<sup>th</sup> of September**

6.45 Rise.

7.15 The practice of doing nothing.

8.00 Breakfast. It was served in time. Silence visited shortly.

9.15 Intro Team + anyone that wish to attend in the ballroom.

Presentation of the NST. First intentional note of the day. The group began playing when was ready. There were some glimpses of music.

Circulations. Presentation of the First Primary.

10.30 KT meeting with guitars in the ballroom.

Guided practice. Beginning with one open string developing into C harm minor scale and chords progression. Meanwhile in the other room Tywi with the intro team reviewing the first primaries combinations.

12.15 Tai Chi in the garden. Sunny and fresh day. A beautiful landscape around the house. The house is in the middle of a valley surrounded by mountains and forest of different greens. There is a river close to the house that reminded me the one in the last Circle weekend in Viena.

13.00 Lunch. Delay and a bit of confusion from the KT.

A superb meal was served.

14.30 KT meeting in the ballroom without guitars.

Several topic ref the kitchen coordination raised. The team has very little experience in this context thou there is a good support from the Vienna and Whales Teams.

15.00 Intro Team with guitars in the ballroom / Housework meeting for the KT.

Presentation of the Second Primary. Then, review of the First primary combinations with four fingers.

16.00 Tea.

16.45 Intro Team with guitars in the ballroom.

Review of the material presented towards music at the end. Arpeggios in two strings.

17.30 Kitchen Team with Guitars in the ballroom.

C harm minor scale 3 octaves.

18.15 Tai Chi (with the cat) outside.

Good completion. There was a clear switch in the quality of the house at this point.

19.00 Dinner. In time.

Very good comments and one observation from one of the Intro Team were presented. A member of the Intro noticed how often his attention left and came back during the 15.00 hrs session. He realized that this use to happen in his daily life.

There were also comments from the KT ref the C harm min scale.

Then the group was asked for this evening's plan. Big Circle was the quick response and consensus of the group.

21.00 Big Circle. The group was out of tune.

21.30 Big Circle begins again. Circulations.

Work with the clusters in C minor harmonic.

22.30 completion

### **Saturday 16<sup>th</sup> of September**

6.45 Rise.

7.15 The practice of doing nothing.

8.00 Breakfast.

9.15 Intro Team + anyone that wish to attend in the ballroom. 10 people in the circle.

Different types of circulations in C Maj. Presentation of Thrak.

I had the sense the course moved to a different place after this meeting.

10.30 KT meeting w/ guitars. Guided practice beginning with one string moving towards C harm minor chord progression. Then First Primary combinations applied to the C Ham minor scale. Music in the room. Completion 11.12

Part of the house was thraking, the other cooking.

12.15 Tai chi.

13.00 Lunch. Good comments about this morning's work. A question about the morning sitting practice. We defined the schedule for the afternoon. There will be an introduction by Richard at 18.15 and I will be giving personal meetings.

14.30 House work.

14.45 Personal meetings begins

16.00 Tea

17.00 Personal meetings continues

Meanwhile the Intro was practicing in small groups leaded by Tywi and the KT met to work together.

18.15 "The practice of doing nothing" presentation by Richard

The house is very quiet.

19.00 Dinner. In time. The group was asked about the plans for this evening. Someone mentioned a big circle, others mentioned Performance and some of the Intros asked to review the material presented in small groups. The KT asked for a meeting with guitars for them. A meeting with the KT with guitars at 20.30 and a House meeting without guitars at 21.30 in the ballrom and we take it from there.

20.30 KT meeting w/guitars in the ballroom. 7 guitars in the circle.

We worked on the C symmetrical scale. Presentation of Larks patterns moving into variations.

Completion at 21.10

21.30 House meeting without guitars in the ballroom.

We touch base on the situation of the Intro and the KT and both groups were asked what is the need for this evening work.

The challenge of a performance was presented. The Intro will perform for the KT followed by the KT performing to the Intro tomorrow at 10.30. Both groups would be organizing by their own. The request is 20 min of material. It is allowed to play any material thou new material was recommended.

Short meeting in my room with Richard, the KC and the facilitator to organize tomorrow's schedule.

The house is boiling

3.30 People is still playing in the house.

### **Sunday 17<sup>th</sup> of September**

6.45 Rise.

7.15 The practice of doing nothing.

8.00 Breakfast.

The Teams are organizing the Performance space. Very good energy in the house.

10.30 to 11.30 Performance in the ballroom. The space was well prepared and there was security.

The intro team performed first for 20 minutes. A soloist entered again for the first encore. Then, the KT performed for about 30 min. Both performances honored the challenge.

11.45 Intro Team + anyone that wish to attend in the ballroom. Work on the right hands. Then presentation of the Third Primary. Variations towards music. Completion at 12.55

13.00 Tai Chi outside. A very sunny day.

13.30 Lunch. An excellent meal was served in time. Amazing dessert by Susanne.  
Silence visited for 15 minutes.

15.00 Final Meeting. Good comments and observation from almost all the participants. Then some words regarding how to establish the principles presented. After that the upcoming courses were announced.

The course was declared completed at 15.47.

Departures

*All the Participants of the Intro are recommended to attend the next Introduction To GC.*